



Dame Elizabeth  
**CADBURY**



6th Form  
Course Information

# Contents Page

	A- Level English Literature
	A-Level Mathematics
	A-Level Biology
	A-Level Chemistry
	A-Level Physics
	A-Level Psychology
	A-Level History
	A-Level Geography
	A-Level Product Design
	A-Level Sociology
	BTEC Level 3 Business
	BTEC Level 3 Health and Social Care
	BTEC Level 3 Creative Digital Media Production
	BTEC Level 3 Sport
	Sports Coaching Academy

N.B All our Level 3 BTEC qualifications are equivalent to one A Level



# A-Level English Literature

**Method of assessment:** 80% Examination, 20% Independent Critical Study

**Exam board:** AQA-Specification A

## What is this subject about?

English Literature is the critical study of hundreds of years of literature from around the world. The subject offers the opportunity to engage and experience classic writers, poets and playwrights, and to delve deeper into works from the best writers that have ever graced the English language. The joy of being submersed in a good story is something that all of us have enjoyed from having childhood stories read to us from early years. Storytelling is a pastime which has allowed generations in all cultures to share knowledge, values and entertainment. A-level English Literature allows the study of the best writers so that we can admire, analyse and critique their skill whilst experiencing the best works of the Literary Canon. The course also gives an opportunity to consider wider issues of society and ourselves, from age old questions of love, to modern understanding of political theory and the evolving of society as presented through poetry, prose and plays.

English Literature offers you much more than the reading of great works. You will develop keener analytical skills that build on your understanding from GCSE; a critical view of writers methods and evaluative judgements on why writers have presented concepts in the manner they have; you will begin to understand, interpret and apply critical theory to texts, beginning skills that university's expect; you will debate, discuss and articulate sophisticated responses to texts; and you will develop critical essay skills, writing with academic sophistication in your responses to great works of literature.

## Unit break-down:

### Year 1:

Paper 1-Love through the ages-1 Shakespeare and 1 poetry collection, 1 hour 30 min worth 50%

Paper 2- Love through Ages 1 Prose Text and 1 Unseen Element, 1 hour 30 min worth 50%

### Year 2:

Paper 1 Love Through the ages, 1 prose, 1 Shakespeare, 1 poetry collection, 3 hour exam, 40% of mark

Paper 2 Modern times-Literature from 1945 to present 1 poetry, 1 prose, 1 drama, 2 hour 30 min, 40% of mark

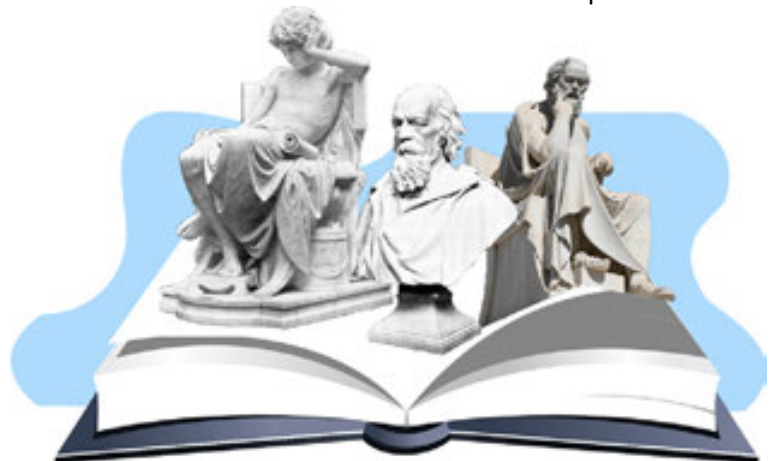
Comparative Critical Study-2500 word essay on two texts of your choice, 20% of A-level

## Entry requirements:

6+ in English Literature/English Language, in addition to four other GCSE grades at 5+

## Progression routes and careers:

English Literature is wildly regarded by many universities as one of the most important and key subjects because of the skills that it develops. Universities look favourably on Literature scholars because they have developed critical, evaluative writing, interpretation and analysing of critical theory, and the engagement with issues that society faces through its presentation in Literature. These skills are universal for all subjects at university, not only English Literature, and these are skills that employers from many professions value from law to teaching, from business to medicine, English Literature provides a rounded education and introduction to a whole host of topics which will round you as an individual.



# A-Level Mathematics

**Method of assessment:** 100% Examination.

**Exam board:** Edexcel

## What is this subject about?

Mathematics is an interesting and challenging course which will extend on the methods learned at GCSE and includes applications of Mathematics, such as Statistics and Mechanics.

Pure Mathematics promotes thinking that is both logical and analytical. Through solving problems, attributes such as resilience and the ability to think creatively and strategically are developed. The writing of structured solutions, proof and justification of results help students to formulate reasoned arguments. And importantly Mathematicians have excellent numeracy skills and the ability to process and interpret data.

Statistics involves the collecting and analysing of data and using it to make predictions about future events. Many subjects make use of statistical information and techniques. An understanding of probability and risk is important in careers like insurance, medicine, engineering and the sciences.

Mechanics is about modelling and analysing the physical world around us, including the study of forces and motion. Mechanics is particularly useful to students studying physics and engineering,

## Unit break-down:

Paper 1: Pure Mathematics 1: 33.33% 2 hour written paper.

Paper 2: Pure Mathematics: 33.33% 2 hour written paper.

Paper 3: Statistics and Mechanics: 33.33% 2 hour written paper.

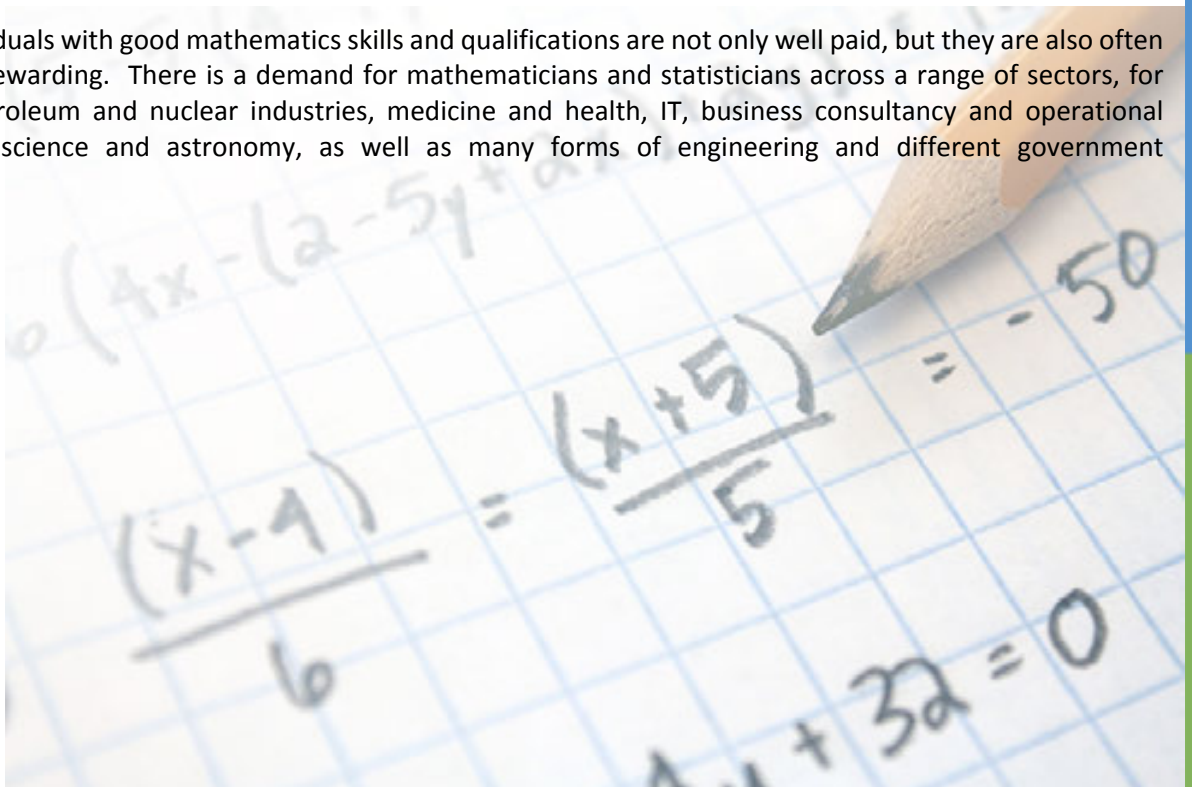
## Entry requirements:

7+ in Mathematics, 4+ in English. In addition to 3 other GCSE's at grade 5+

## Progression routes and careers:

A-Level Mathematics is a versatile qualification. It is well-respected by employers and is a facilitating subject for entry to higher education. For progression to many courses at university it is important to have strong mathematics skills. For most science, technology, engineering and mathematics (STEM) degree course A-Level Mathematics is a requirement.

Careers for individuals with good mathematics skills and qualifications are not only well paid, but they are also often interesting and rewarding. There is a demand for mathematicians and statisticians across a range of sectors, for example the petroleum and nuclear industries, medicine and health, IT, business consultancy and operational research, space science and astronomy, as well as many forms of engineering and different government departments.



# A-Level Biology

**Method of Assessment:** 100% examination. There are also 12 compulsory practicals that must be completed as part of the course.

**Exam board:** Edexcel

## What is this subject about?

A-Level Biology builds and expands upon the content studied at GCSE. This includes:

- Detail regarding the biochemistry of cell processes.
- Transport and exchange within physiological processes, including circulation and gas exchange in a wide variety of organisms.
- Study of the biochemistry of respiration and photosynthesis.
- How respiration and photosynthesis lead to energy transfers in individual organisms and the wider environment.
- An in depth study of genetics and how this links to evolution.
- How the study of genetics is driving treatments of disease.

## Unit breakdown

Paper 1: Advanced Biochemistry, Microbiology and Genetics (105 minutes)-30% of the qualification

Paper 2: Advanced Physiology, Evolution and Ecology (105 minutes)-30% of the qualification

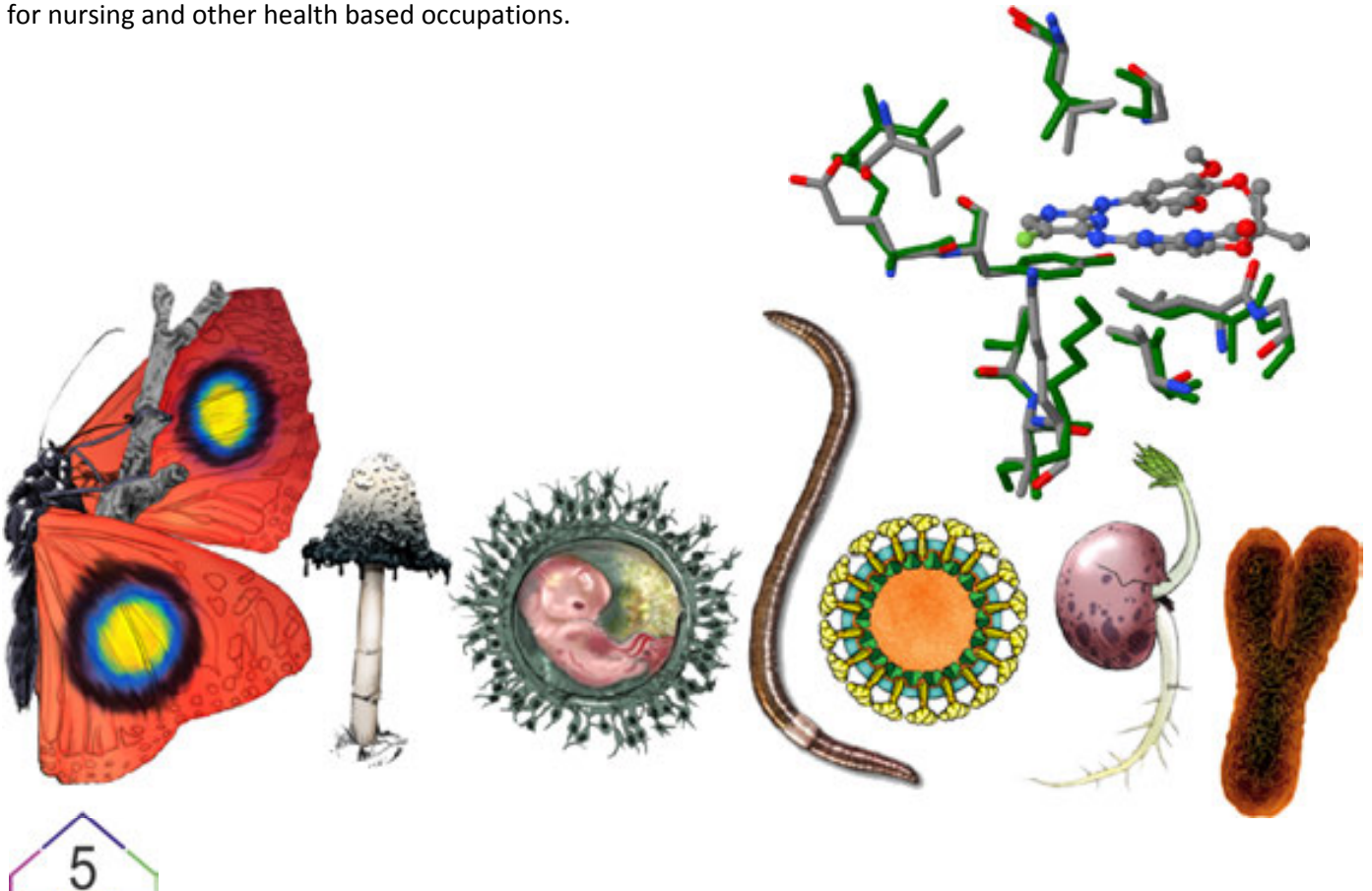
Paper 3: General and Practical Principles in Biology (150 minutes)-40% of the qualification

## Entry requirements

Grade 6 and above in all GCSE Science qualifications. Grade 6 and above in GCSE Mathematics. Grade 7 and above in GCSE Biology (for Triple Science students) or Grade 7 and above in average of GCSE Combined Science Biology papers. Grade 5 and above in GCSE English and three other GCSEs at grade 5 and above.

## Progression routes and careers

Careers in medicine, biochemistry, biotechnology and many lab-based areas will require A-Level Biology. Animal science careers including veterinary science, zoology and marine zoology along with animal behaviour and animal husbandry are also areas of study which students with Biology A level move into. Biology is also recommended for nursing and other health based occupations.



# A-Level Chemistry

**Method of Assessment:** 100% examination. There are also 12 compulsory practicals that must be completed as part of the course.

**Exam board:** Edexcel

## What is this subject about?

A-Level Chemistry builds and expands upon the content studied at GCSE. This includes:

- A detailed study of electronic structure and the Periodic Table.
- How bonding and structure of molecules leads to their properties.
- Mechanisms of chemical reactions.
- Energy changes in chemical reaction.
- Chemical analysis techniques.
- Acids and bases.
- Organic chemistry including reactions and uses of organic molecules.
- Equilibria in reactions.

## Unit breakdown

Paper 1: Advanced Inorganic and Physical Chemistry (105 minutes)-30% of the qualification

Paper 2: Advanced Organic and Physical Chemistry (105 minutes)-30% of the qualification

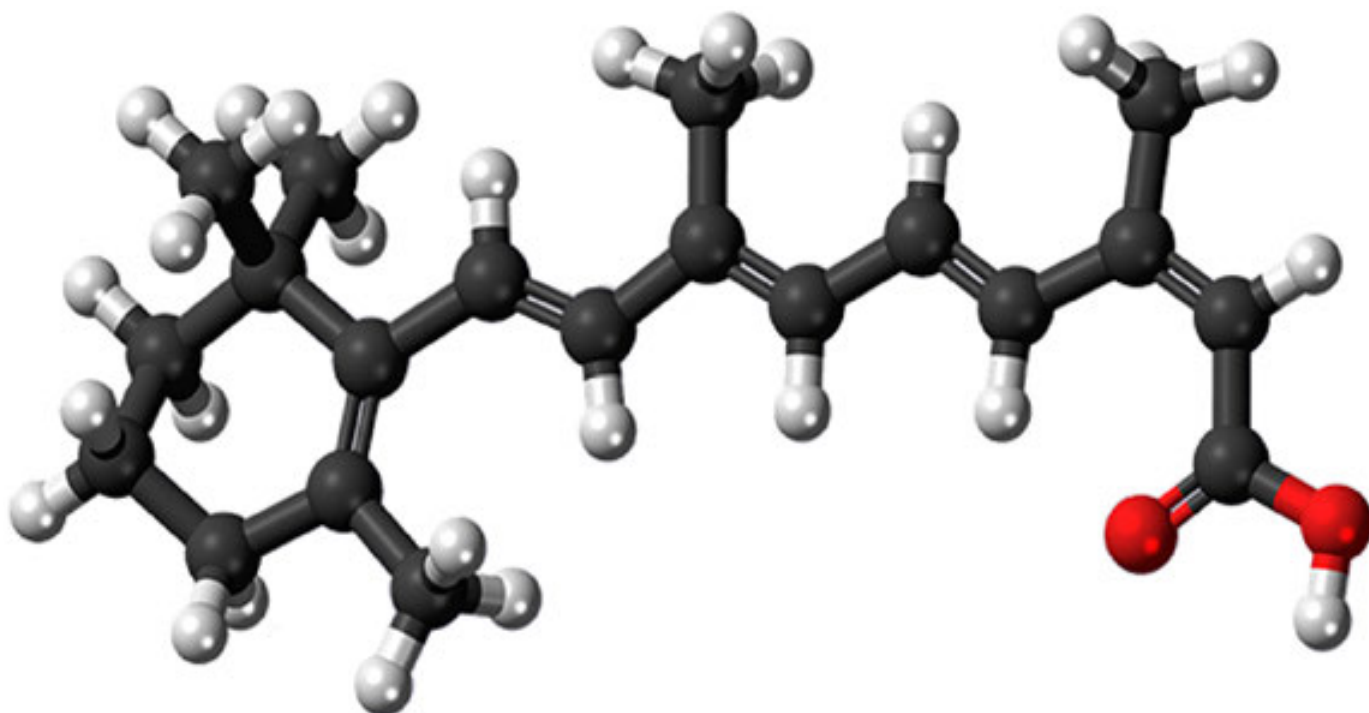
Paper 3: General and Practical Principles in Chemistry (150 minutes)-40% of the qualification

## Entry requirements

Grade 6 and above in all GCSE Science qualifications. Grade 6 and above in GCSE Mathematics. Grade 7 and above in GCSE Chemistry (for Triple Science students) or Grade 7 and above in average of GCSE Combined Science Chemistry papers. Grade 5 and above in GCSE English and three other GCSEs at grade 5 and above.

## Progression routes and careers

Chemistry A-Level is on the Russell Group's list of facilitating subjects, with its broad variety of tested skills, and it is a respected choice for many degrees and careers. Chemistry has been described as the 'central science' and is often combined with either Physics or Biology. However, it is a compulsory choice for anyone wishing to pursue medicine, dentistry and veterinary science, as well as chemistry based degrees, such as pharmacy, pharmacology, and biochemistry.



# A-Level Physics

**Method of Assessment:** 100% examination. There are also 12 compulsory practicals that must be completed as part of the course.

**Exam board:** Edexcel

## What is this subject about?

A-Level Physics builds and expands upon the content studied at GCSE. This includes:

- Mechanics and forces in real life situations.
- Material sciences, including the properties and testing of materials.
- Thermodynamics and energetics.
- Nuclear and particle physics.
- Electric circuits and components.
- Quantum physics and the photoelectric effect.
- Gravitational fields.

## Unit breakdown

Paper 1: Advanced Physics I (105 minutes)-30% of the qualification

Paper 2: Advanced Physics II (105 minutes)-30% of the qualification

Paper 3: General and Practical Principles in Physics (150 minutes)-40% of the qualification

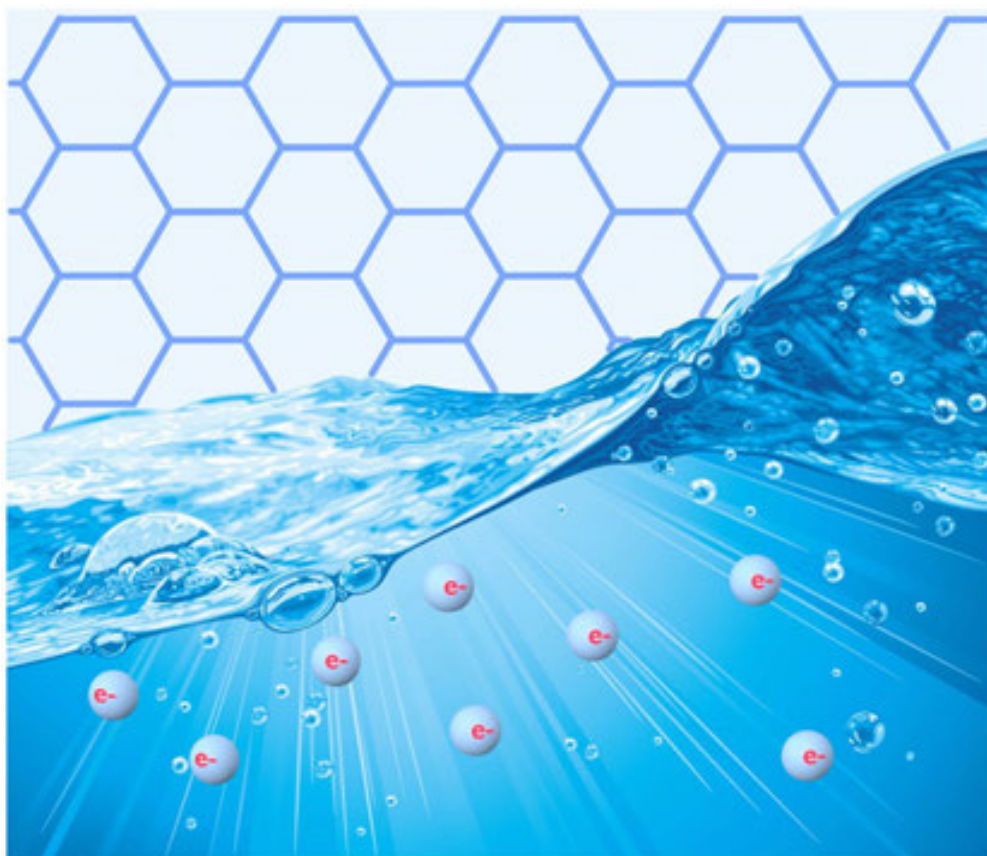
## Entry requirements

Grade 6 and above in all GCSE Science qualifications. Grade 6 and above in GCSE Mathematics. Grade 7 and above in GCSE Physics (for Triple Science students) or Grade 7 and above in average of GCSE Combined Science Physics papers. Grade 5 and above in GCSE English and three other GCSEs at grade 5 and above.

It is strongly recommended that students who select A-Level Physics also select A-Level Mathematics.

## Progression routes and careers

In addition to being essential to the study of all branches of Physics at university, A-Level Physics is important for successful entry to and completion of all branches of engineering. The subject is also useful for mathematical modelling of the real world and has applications in the computer game industry and in risk analysis in finance.



# A-Level Psychology

**Method of assessment:** 100% Examination

**Exam board:** Edexcel

## What is this subject about?

Psychology is the scientific study of mind, brain and behaviour. The brain is the most complicated structure in the known universe and the source of all our thoughts, feelings and actions. It is fascinating to study but also tricky, even if we split open the skull of a willing volunteer and have a look inside, we only see 3lbs of gloopy grey matter. We cannot see someone thinking nor can we observe their emotions, perceptions and memories. This means that psychologists have to adopt the best investigative approach available-the scientific method. In every area of research psychologists formulate theories, test hypotheses through observation and experiment, and analyse findings with statistics to arrive at an understanding of human and animal behaviour.

Psychology is extremely varied and the A-Level course gives you a chance to study a wide range of topics that reflect the breadth of the subject. At the same time it requires you to have a good understanding of biology, research methods and maths. Students who take this course will be encouraged to discuss psychological research and take a critical view of the subject. Students need to be organised, motivated and should ideally have a genuine interest in the topics under consideration. Above all, you should be willing to participate actively in lessons and be enthusiastic about learning.

## Unit break-down:

Unit 1: 30%- 2 hour written paper

Unit 2: 35%- 2 hour written paper

Unit 3: 35%- 2 hour written paper (compulsory section on Issues in mental health, in addition to Child psychology and Criminal psychology.)

## Entry requirements:

6+ in English, 5+Maths or Science, in addition to 3 other grades at 5+ NB: you do not have to have studied GCSE Psychology to be accepted onto the course.

## Progression routes and careers:

Psychology is a very popular A-Level and one looked upon favourably by University's, a student with a good grade in A-Level Psychology will have good English language skills, maths and data handling, as well as a understanding and skills in scientific enquiry- this will make you attractive to University's even if you are not pursuing a degree in Psychology. Students who go on to specialise in psychology at degree level may pursue careers in clinical psychology, counselling psychology, educational psychology, criminal psychology, prison psychology and occupational psychology. Other possibilities include mental health nursing, research work, social work and teaching, the Police Force, as well as careers in business, marketing and advertising.





# A-Level History

**Method of assessment:** 80% Examination/20% Non-examined assessment

**Exam board:** AQA

## What is this subject about?

### Unit 1: Stuart Britain and the Crisis of Monarchy, 1603-1702

Unit 1 allows students to study in breadth issues of change, continuity, cause and consequence in this period through the following key questions: ^

- How far did the monarchy change? ^
- To what extent and why was power more widely shared during this period? ^
- Why and with what results were there disputes over religion? ^
- How effective was opposition? ^
- How important were ideas and ideology? ^
- How important was the role of key individuals and groups and how were they affected by developments?

### Unit 2: Democracy and Nazism: Germany, 1918-1945

Unit 2 provides for the study in depth of a period of German history during which a newly developed democratic form of government gave way to a dictatorial Nazi regime. It explores political concepts such as 'right' and 'left', nationalism and liberalism as well as ideological concepts such as racialism, anti-Semitism and Social Darwinism. It also encourages reflection on how governments work and the problems of democratic states as well as consideration of what creates and sustains a dictatorship.

### Unit break-down:

Unit 1: Stuart Britain and the Crisis of Monarchy, 1603-1702: 1 x 2 hour 30 minute written examination, 80 marks, 40% of A-Level

Unit 2: Democracy and Nazism: Germany, 1918-1945: 1 x 2 hour 30 minute written examination, 80 marks, 40% of A-Level

Unit 3: Component 3: Non examined assessment: 3000-3500 words, 20% of A-Level

### Entry requirements:

Grade 6 at History GCSE and Grade 5 English NB: It is not a requirement to have studied History at GCSE to be accepted onto the A Level History course.

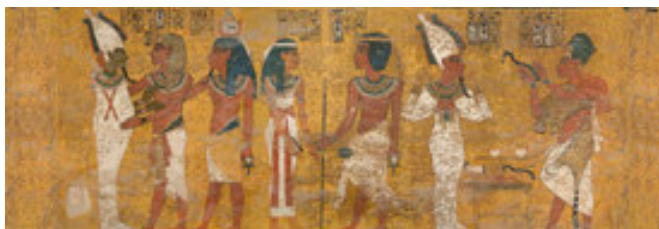
### Progression routes and careers:

Having A-Level history can open you up to a world of possibilities. As the A-Level history course gives you skills in writing and literature skills as an English A-Level would, but also provides you with contextual knowledge and research skills, universities and employers look incredibly favourably upon applicants with A-Level history. Amongst the many courses where A-Level history is required such as modern history, ancient history, archaeology, amongst others there are a number of courses where history at A-Level is desirable such as law.

Possibilities from having A-Level history include being a teacher, museum curator, excavator, researchers, lawyer, various television roles, author and many more.

Studying for A-Level history is a fun and exciting way to hone your skills and improve your student abilities. Although it may not be a direct path to the career of your dreams, it will definitely help you on your career ladder.

NB: A-Level History is recognised as one of only eight facilitating subjects by the prestigious Russell Group of Universities.



# A-Level Geography

**Method of assessment:** 80% examination, 20% Non-examined assessment

**Exam board:** AQA TBC

## What is this subject about?

### Unit 1: Physical Geography

Unit 1 allows pupils to study a range of physical geographical concepts in depth through theory and case study examination. Included within this unit are a range of compulsory and option topics from the following: Water and carbon cycles, Hot desert systems and landscapes, Coastal systems and landscapes, Glacial systems and landscapes, Hazards, Ecosystems under stress.

### Unit 2: Human Geography

Unit 2 allows pupils to address contemporary human issues around the world through in-depth case studies of places that are local and known, as well as far afield and the accompanying theories and concepts that surround them. Included within this unit are a range of compulsory and option topics from the following: Global systems and global governance, Changing places, Contemporary urban environments, Population and the environment, Resource security

### Unit 3: Geographical fieldwork investigation

Unit 3 provides an ideal opportunity to explore geography first hand and make geography real. This unit requires a minimum of 4 days fieldwork which can be gained both locally and further afield. Therefore, as part of the course you will be required to attend a residential fieldtrip. During your fieldwork you will be investigating a question that you have independently identified, this will require data to be collected and then presented, analysed and evaluated as part of a 3,000 – 4,000 word investigation.

## Unit breakdown:

### Unit 1: Physical geography

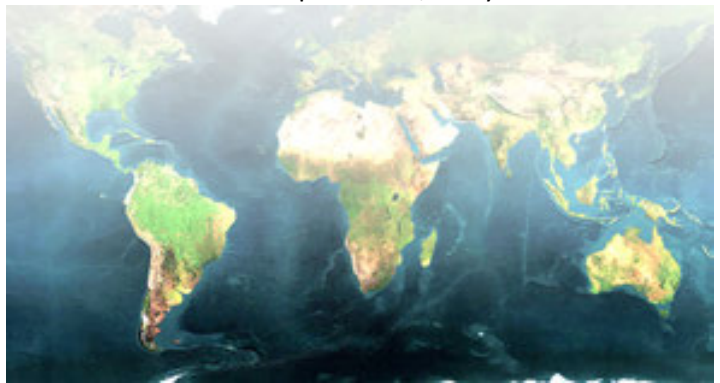
2hr 30mins written examination 120 marks worth 40%

### Unit 2: Human geography

2hr 30mins written examination 120 marks worth 40%

### Unit 3: Geography fieldwork investigation

Non- examined assessment 60 marks worth 20%



## Entry requirements:

Grade 6 at Geography GCSE, Grade 5 Maths and Grade 5 English

## Progression routes & careers

Geography graduates are among the most employable. They possess the skills that employers look for and in part this is because Geography brings together all other subjects. To study geography will give you an oversight and range of skills that few other subjects offer. It therefore combines well with any A level subject as it offers analysis, research, essay writing and problem-solving skills.

A geography degree isn't the only path for you with A level geography, it is regarded as a useful A level by the Russell group for many degrees including Archaeology, Civil Engineering, Geology and Sociology.

Geography can take you on a range of different paths and is perfect for a career that involves the environment, planning, or collecting and interpreting data. Popular careers for people with geography qualifications include: town or transport planning, surveying, conservation, sustainability, waste and water management, environmental planning, tourism, and weather forecasting.

The army, police, government, research organisations, law and business world also love the practical research skills that geographers develop.

And finally as geographers learn about human and population development, geography can be useful for jobs in charity and international relations too.

# A-Level Product Design

**Awarding body:** Eduqas

## What is this subject about?

Design and technology is an inspiring, rigorous and practical subject. This course encourages learners to use creativity and imagination when applying iterative design processes to develop and modify designs, and to design and make prototypes that solve real world problems, considering their own and others' needs, wants, aspirations and values.

The course enables learners to identify market needs and opportunities for new products, initiate and develop design solutions, and make and test prototypes.

Learners will acquire subject knowledge in design and technology, including how a product can be developed through the stages of prototyping, realisation and commercial manufacture.

## Unit break-down:

Component 1: Design and Technology in the 21st Century

Written examination: 3 hours

50% of qualification

Component 2: Design and make project

Non-exam assessment: approximately 80 hours

50% of qualification

## Entry requirements:

Five GCSEs at grade 5+ to include English, Maths and a Design and Technology qualification at grade 6+

## Progression Routes & Careers:

It is possible to take a master's degree in industrial or product design. Specialist courses, such as product design innovation and development, are also available. Another option is to complete postgraduate study to specialise in a connected area, such as interior, graphic or exhibition design.

Professional qualifications are available with relevant industry bodies or you could choose to study for a business-related qualification like an MBA (Masters of Business Administration) or an MSc in project management.

- Colour technologist
- Exhibition designer
- Furniture designer
- Industrial/product designer
- Interior and spatial designer
- Advertising art director
- Automotive engineer
- Graphic designer
- Materials engineer
- Product manager
- Production designer, theatre/television/film
- Purchasing manager



# A-Level Sociology

**Method of assessment:** 100% Examination

**Exam board:** OCR

## What is this subject about?

Sociology is the study of how people create, organise and sustain their societies. It explores how human action, both shapes and is shaped by, surrounding economic, social and cultural structures and processes.

Having a diverse subject matter-from class to health, education, technology, crime, social welfare, death, science and sexuality, Sociology reveals new perspectives of social interaction and the world we live in. You will learn about critical tools and explore possibilities for creating a better world.

Sociology was established as a science during the eighteen and nineteenth centuries, at a time when the idea emerged that 'social' sciences could provide scientific explanations of observable social behaviour emerged.

Today, Sociology addresses a wide range of issues at local, national and international levels, and it is a truly global discipline. You will learn how to pose relevant questions such as:

- what is power and how does it manifest itself in a globalised world?
- why is our society divided by class inequality?
- how do we deal with health, illness, ageing and death in contemporary society?
- why is there still poverty in the XXI Century ?
- how have childhood and family life been transformed over time?
- why do people engage in protest?
- how science, technology and society are connected?
- how does social change come about?

## Unit breakdown:

Paper 1: Socialisation, Culture and Identity (01) 1 hour 30mins worth 30% of total A-Level.

Paper 2: Researching and Understanding Social Inequalities (02) 2 hours 15mins worth 35% of total A-Level.

Paper 3: Debates in Contemporary Society (03) 2 hours 15mins worth 35% of total A-Level.

## Assessment

There are now **three** written papers (each **two hours long**). Each paper being worth 33.3% of the final A-Level grade. Each Unit is out of a total of 80 marks.

- Paper 1: Education with Theory and Methods
- Paper 2: Topics in Sociology: The Family and The Media.
- Paper 3: Crime and Deviance with Theory and Methods

## Entry requirements

GCSE grade 6 in English Language or Literature, plus four other GCSE grades at 5+.

## Future progressions and careers

Sociology is a fantastic general subject for students, because most professional careers require students to have some knowledge of Sociology and social theory. Most degree courses include some Sociology: There are also many degree courses where A-Level Sociology will be really helpful; Sociology, Criminology, Law, Psychology, Anthropology. Sociology opens doors to many areas of employment: Counsellor, Community worker, Probation Officer, Social worker, Charity fundraiser, Teacher and the Medical Field.



# BTEC Level 3 Business

**Method of assessment:** 100% Examination

**Exam board:** Edexcel

## What is this subject about?

Are you aiming for a career in business, management, accounting or law? This course is designed to give you a practical and professional knowledge you need to succeed in these highly competitive sectors. We provide you with the opportunity to study for a work-related qualification, giving you a substantial understanding of each vocational area.

## Unit break-down:

### You must complete four units of work

Year 12 Unit 1 (90 GLH)-Exploring business (mandatory), Unit 2 (90 GLH)-Developing a marketing campaign. (mandatory)

Year 13 Unit 3 (120 GLH)-Personal and Business Finance. (mandatory), Unit 8 (60 GLH)-Recruitment and selection process. (optional unit)

## How are you assessed?

Year 12 Unit 1-Controlled assessment completed in class, requested by BTEC.

Unit 2-Pre-seen case study and then write-up completed under examination conditions.

Year 13 Unit 3-External examination, Unit 8-Controlled assessment completed in class, requested by BTEC.

## Entry requirements:

4+ in English and Maths in addition to 2 other GCSE's at grade 4+.

## Progression routes and careers:

A wide range of business careers such as accounting technician, facilities officer, fundraiser, housing officer, insurance claims settler, legal secretary, paralegal or trainee legal executive, customer services officer.

## Further study

A range of higher education courses such as HNCs, honours degrees and foundation degrees, such as the HNC Business and the Foundation Degree Management and Business Enterprise.



# BTEC Level 3 Health and Social Care

**Method of assessment:** Assignment and examination

**Exam board:** Edexcel

## What is this subject about?

This course gives a broad introduction to the sectors of Health and Social Care, allowing students to study a range of topics such as human growth and development through the life stages, the nature of work within health and social care settings the goals of this type of work and also the challenges. Students will consider the different needs of individuals receiving care either illness, disability or their stage of education, and how that can affect the type of care they need and receive. Students will then also study the psychological approaches to treating individuals within the health and social care system.

## Unit break-down:

**You will complete 4 units, 2 are externally assessed, and 2 are assignments.**

Unit 1: Human Life span development- exam

Unit 2: Working in Health and Social Care-exam

Unit 5: Meeting Individual Care needs-assignment

Unit 4: Sociological perspectives- assignment

## Entry requirements:

4+ in English and Maths in addition to 2 other GCSE's at grade 4+.

## Progression routes and careers:

Health and Social Care is well suited to those who are interested in social work, health care, early year's education, nursing and midwifery. This course is equivalent to one A-Level and therefore prepares students for higher education.



# BTEC Level 3 Creative Digital Media Production

**Level of study:** Level 3 National Extended Certificate (Equivalent to 1 A-Level)

**Awarding body:** Edexcel/Pearson

## What is this subject about?

Looking to move into the exciting world of digital media? In a constantly changing and progressing area of study, establish your credentials of understanding how media producers create meaning and messages as well as producing your very own short film or film extract!

Learners will consider how different media representations are constructed by media producers to create meaning, messages and values. Alongside this, learners will focus on the process and producing of a short narrative film or film extract that uses generic conventions, carrying out essential pre-production tasks and creating a pre-production portfolio based on a project that has been commissioned. This is the perfect course for those with an interest in how media affects us in everyday life and those wanting to pursue further education and careers in the creative media industry, whether it is directly related to film or any of the other media sectors.

## Unit break down

Unit 1 – Media Representations (2 Hour External Written Exam).

- Two-hour examination where learners will be assessed on their understanding of how different media representations are constructed by media producers to create meaning, messages and values.

Unit 4 – Pre Production Portfolio (Internal Assessment).

- You will be planning and delivering a short narrative film or film extract, carrying out essential pre-production tasks and creating a pre-production portfolio for this task (in conjunction with Unit 10)

Unit 8 – Responding to a Commission (External Assessment)

- This unit is assessed through a task set and marked by Pearson, consisting of a Part A and a Part B.
- Part A is pre-released and will give learners a commission for a media production in order to carry out research activities into the subject to complete assessment tasks in Part B.
- Part B contains the supervised assessment task where you will then complete the task required (focusing on the film production element)

Unit 10 – Film Production – Fiction (Internal Assessment)

- You will produce a report to demonstrate knowledge of understanding codes and conventions of fictional film production and then, using this knowledge, you will then plan, record and apply post-production techniques to a fictional film of your creation.

## Entry Requirements

Four GCSE grades 4 or above to include English and Maths.

First/Level 2 Diploma at Merit grade, plus Functional Skills Level 2 in English and Maths.

## Progression Routes & Careers:

This qualification helps to progression to Higher Education to study for a Foundation Degree or Undergraduate Degree in a range of disciplines. A wide range of apprenticeships are also available.

This course could lead to a wide variety of careers in any of the media sectors: film/TV, publishing, gaming, audio and web design.



# BTEC Level 3 Sport

**Method of assessment:** 66% External Assessment/34% Internal Assessment

**Exam board:** Pearson

## What is this subject about?

Learners will be given the chance to investigate the skills, abilities and performance elements that make professional athletes successful. This is designed for post-16 learners who aim to progress to higher education and ultimately to employment in the sport sector. Learners will study three mandatory units which will investigate anatomy and physiology, fitness training and programming and professional development in the sports industry. Learners will also choose one optional unit from a range which has been designed to support choices in progression to sport courses in higher education, and to link with relevant occupational areas.

## Unit break-down:

Unit 1: Anatomy and Physiology: 33%-External Assessment

Unit 2: Fitness Training and Programming for Health and Sport: 33%-External Assessment

Unit 3: Professional Development in the Sports Industry: 16%-Internal Assessment

+Optional Unit: 16%-Internal Assessment (Including: Sports Leadership, Application of Fitness Testing, Sports Psychology, Practical Sports Performance)

## Entry requirements:

4+ in English and maths, and a sports related qualification. In addition to 1 other GCSE's at grade 4+.

## Progression routes and careers:

In addition to roles in the sports sector, future careers could include teaching, fitness instructor or coaching. All of the content in the qualification will help prepare learners for further study at university. For learners who wish to study an aspect of sport in higher education, opportunities include:

- BA (Hons) in Sport Studies and Business, if taken alongside A-Levels in Business and Maths
- BSC (Hons) in Sport Psychology, if taken alongside a BTEC National Extended Certificate in Applied Science and A-Level in Psychology
- BA (Hons) in Sports Education and Special and Inclusive Education, if taken alongside an A-Level in English Language and a BTEC National Extended Certificate in Performing Arts
- BA (Hons) in Sport and Exercise Science, if taken alongside a BTEC National Diploma in Applied Science.





# Sports Coaching Academy

**Method of assessment:** Internal Practical Assessment

**Exam board:** NGB Qualifications

## What is this subject about?

The sports industry continues to grow in popularity, size and influence around the globe. Alongside this, the demand for suitably qualified coaches to work in professional capacities has also increased. With demand comes opportunities; the sports sector has never been so valuable to communities so that high profile role models are created for the sports stars of the future.

## Course structure

You will learn both the theoretical and practical aspects of becoming a confident and employable sports coach. This will focus on national governing qualifications in football, handball and basketball. You will also enroll in the Duke of Edinburgh Award and gain a Sports Leaders qualification.

## Entry requirements

Skills in Maths and English will support your full-time course, assisting you with assignment writing, research, job applications, presentations, managing your own finances and interpretation of data.

Four GCSE grades at 4+ include English and maths

First/Level 2 Diploma at Merit grade

## Career opportunities

Professional sports player (Key focus: Football, Basketball, Handball), Coach, Teacher

## Further Study

A wide range of sporting courses and apprenticeships are available for those with experience in coaching.

