

**DEC PE CURRICULUM  
2020/21**

**The Transition/Induction (1<sup>st</sup> 2 lessons)**  
Why PE & Sport?  
How am I assessed?  
What are my goals for the next 5 years?

**Core PE (2 per hours week)**

Our curriculum aims to develop the individual student to enable them to be successful & confident learners equipped with essential skills needed for further study in PE or Performing Arts.

Pupils are assessed in three key areas:

**Evaluating and Improving:** This is the ability to review sporting performance of themselves and others, and then to highlight strengths and areas for improvement.

**Performance:** This focuses on pupils ability to perform in a variety of activities throughout the academic year including team and individual sports.

**Theoretical Knowledge:** This allows pupils to develop their knowledge the PE theory that underpins sporting performance, including anatomy, physiology and nutrition.

**Key Stage 4 Pathways**

Students develop as independent and skilful learners who feel confident enough to challenge themselves in a variety of situations, using creative and evaluative skills to be successful.

Students can select a pathway gives them a greater understanding of how to lead a healthy lifestyle. These pathways begin to explore the theoretical concepts of PE in more depth providing a foundation for further study at post-16.

YR	PATHWAYS (Including Core PE)			
	GCSE PE	BTEC Sport	BTEC Performing Arts	CLUBS
9	Students will participate in a range of sports during 2-3 years with 3 activities & the PEP contributing towards final assessment (40%) Pupils will also be assessed through written examination (60%)	Students will complete 4 units over 1-3 years. Unit 1 will be externally assessed in the form of an online exam. Pupils will also be assessed on their practical ability.	Students will be assessed in both their practical ability and their theoretical knowledge in an exam at the end of the course.	Students will be encouraged to participate regularly in extra-curricular activities and to represent the school at sports day and house competitions
10				
11				
Reflect & Choose Your Right Path				

**POST 16 PE & Sport Pathways (At DEC and beyond)**

A-Level PE	BTEC Level 3 National in Sport	BTEC National in Sport Extended	BTEC National in Dance	Sports Coaching Academy
------------	--------------------------------	---------------------------------	------------------------	-------------------------